**Family Night at**



**Friday, August 4th 6:00 pm**

**2345 Harris Way San Jose**

**Health *is* Wealth**

**A Presentation on Blood Sugar Balance Strategies**

**To Avoid Disease, Lose Weight, Gain Energy and Feel Great.**

***Featuring***

**Dr. Allen Dubner, D.C.**

**Dr. Sharon Dubner, D.C.**

# Image result for stacked fruitBrain Fog? Mood Swings? Weight Issues? Fatigue? Constipation?

# Cravings? Insomnia? Diabetes? High Blood Pressure & High Cholesterol?

Your symptoms are **real** and there are natural strategies for you!

**\***How Sugar Balance is affecting your health problems and what to do about it

# \*How to eat sweet and still be healthy

# \*Breaking the sugar-stress connection

\*Key sugar strategies to lose weight and have abundant energy and prevent disease

\*Breakthrough easy to implement natural, self-help techniques

Speakers: Dr. Allen & Dr. Sharon are husband and wife that have been serving the last 3 decades in Silicon Valley at their Wellness Center located in Cupertino, CA. They have helped thousands become healthier through natural methods. Their enthusiastic, fact-filled and user-friendly presentations make them popular throughout the Bay Area. For more information call them at (408) 996-1042 or visit their website at [www.dubnerchiropractic.com](http://www.dubnerchiropractic.com).