

Hunger Around the World

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What Lack of Food can Cause

- **Malnutrition**- a health condition due to not having enough to eat, or not eating enough of nourishing food.
- **Stunted Growth**- not growing at a regular rate.
- **IQ Drop**- Brain functions are affected by lack of food.
- **Preventable diseases** such as Measles and Malaria due to lack of strength.
- **Early death during childhood or adulthood**

Food Insecurity in the World and among us

- **925 million in the world, (1 in 8):** estimated number of hungry people
- **1 in 4 children in Santa Clara County** do not have enough to eat (**FOOD INSECURE**), highest in San Francisco Bay Area.
- **1 in 6 adults** and a little over **1 in 5 children in CA** are food insecure.

Some of the organizations that help people for food access

- CARE
- Partners with Health
- World Food Program
- Islamic Relief
- Rahima Foundation
- Muslim Aid
- UNHCR (a UN agency)



Islamic Relief USA
WORKING TOGETHER FOR A BETTER WORLD.



Rahima Foundation
A Charitable and Educational Organization

National School Lunch Program

The National School Lunch Program provides low-cost or free lunches to food insecure children each school day, before school, during school, after school, and over the summer.

Help for Hungry in the Silicon Valley

Kids Now program of Second Harvest Food Bank every Thursday afternoon distributes fresh groceries, rice and other staples to 500 or more children and their parents at their schools to get them through the weekend.

What does Islam teach us to prevent hunger?

"(The righteous are those) who feed the poor, the orphan and the captive for the love of God, [in their hearts] saying: 'We feed you for the sake of God Alone; we seek from you neither reward nor thanks.'" - The Holy Quran, 76:8-9

Prophet (PBUH) said: "A man is not a believer who fills his stomach while his neighbor is hungry."



What can we do to help ?

- Give **thanks** to Allah and **appreciate** all the bounties you have.
- **Share food with hungry** starting with your neighbors.
- **Donate food** for the **Bake Sale on May 18th**
- **Buy food and/or donate money on May 18th**. Every penny will be used to buy the dates for Ramadan family packages for **Rahima foundation**.
- **Collect loose change and donate** to Hidayah Foundation's **Million Meals** program.

**Ordinary looking people
may be affected by hunger too...**

https://www.youtube.com/watch?v=n_hhS5pUZQ

THANK YOU...