

SBIA Family Night

325 N. 3rd Street, San Jose, CA 95112 www.sbia.info (408.947.9389)

Friday, April 2, 2010 - 6:30 PM

AGENDA

6:30 PM Dinner, 7:30 PM Maghrib Prayer, 7:45 - 9:45 Presentation, 9:45 PM Isha Prayer

Topic 1: Understanding Conflict

Speakers: Rabea Chaudhry and Farukh Rashid, *Co-Founders of Muslim*

Mediators

ABSTRACT: Anger and conflict are some of the biggest challenges facing our families and community. This presentation will deconstruct what happens to the mind and body during conflict and will present strategies to control one's anger and emotions. Examples from the Sunna will be used to illustrate how anger and conflict can be effectively managed.

Topic 2: Overtaken By Events: A Pakistan Road Trip

Speaker: Ethan Casey, *An author, a journalist and a popular public speaker*

ABSTRACT: Ethan Casey has developed a slide show covering stories and personalities encountered during their six-week February-April 2009 trip through India and Pakistan, accompanied by commentary on events during his previous visits. The author emphasizes to American audiences the experiences and perspectives of Pakistanis, and the human dimension of his own experience of Pakistan. He often speaks to religious congregations, house parties, civic organizations, and academic venues throughout North America.

Topic 3: Mission Health - Closing the Health Care Gap

Speaker: Bhawana Kamil, *President, MAS Bay Area*

ABSTRACT: There are over 230,000 people in Santa Clara County ALONE who do not have health insurance. MAS Bay Area has launched a new project, Mission Health, to help close the health insurance gap. We educate people about, and enroll them in, existing health care programs and find creative ways to secure health insurance for all.

You are cordially invited to attend this monthly Community gathering educational and social program and dinner with your whole family and friends. You do not have to purchase any tickets to attend this program. Dinner is complimentary. Donations are welcome. This "SBIA Family Night" program is held on the first Friday evening of every month. So, please mark your calendar ahead of time, and please plan to attend these programs.

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