



*President Speaker Series:*  
COMMUNITY HEALTH

Healthy lifestyle changes

**Sh. Suhaib Webb**

A spiritual approach  
to a healthy heart

**Dr. César R. Molina, MD FACC**  
*Medical Director of South Asian Heart Center*

A lifestyle methodology  
to heart disease prevention

*Trained at Yale and Stanford, Dr. Molina practices cardiology at El Camino Hospital. He recently appeared on CNN International, discussing heart disease treatment and prevention.*

Friday September 11, 2009

10 pm • MCA Banquet Hall

*Sponsored by* MCA Free Medical Clinic

photo: Tanakawho